An Overview of the Bilinear Hilbert Transform

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The Hilbert Transform

- For $f \in S(\mathbb{R})$, the **Hilbert transform** is given by: $Hf(x) := \lim_{\epsilon \to 0} \int_{|t| \sim \epsilon} \frac{f(x-t)}{t} dt.$
- As a multiplier operator, it is:

$$\widehat{Hf}(\xi) = -\pi i \operatorname{sgn}(\xi) \widehat{f}(\xi).$$

• The Hilbert transform is an example of a **singular integral operator** of **Calderón-Zygmund type**. Calderón-Zygmund theory is used to prove the following:

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Theorem

The Hilbert transform is bounded on $L^p(\mathbb{R})$ for every 1 :

$$||Hf||_{L^{p}(\mathbb{R})} \leq C_{p}||f||_{L^{p}(\mathbb{R})},$$

for some $C_p > 0$.

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- $L^2 \rightarrow L^2$ bounds follow from Plancherel's theorem and the properties of the kernel 1/t.
- $L^1 \rightarrow L^{1,\infty}$ bounds for the Hilbert transform are obtained via the Calderón-Zygmund decomposition.
- $L^p \rightarrow L^p$ bounds, for 1 , follow from interpolating between the above estimates and duality.

BHT and History

The **bilinear Hilbert transform** in the direction $(\alpha, \beta) \in \mathbb{R}^2$ is defined for $f, g \in S(\mathbb{R})$ by

$$BHT_{\alpha,\beta}(f,g)(x) := \lim_{\epsilon \to 0} \int_{|t| > \epsilon} f(x - \alpha t)g(x - \beta t) \frac{dt}{t}.$$

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Non-Uniform Bounds (depending on (α, β))

- M. Lacey, C. Thiele '97: $2 < p, q < \infty, 1 < r < 2$
- M. Lacey, C. Thiele '99: $1 < p, q \leq \infty, 2/3 < r < \infty$ (general case)

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Uniform Bounds (independent of (α, β))

- C. Thiele '02: weak estimate in $(2, 2, \infty)$
- L. Grafakos, X. Li '04: $2 < p, q < \infty, 1 < r < 2$
- 𝔅 𝔅. Li '06: 1 < 𝑘, 𝑘 < 2, 2/3 < 𝑘 < 1
- R. Oberlin, C. Thiele '11: expected bounds for Walsh model

The Main Theorem

The result that we study in this talk asserts the following:

Theorem (M. Lacey, C. Thiele, 1999)

The bilinear Hilbert transform maps $L^p \times L^q$ into L^r for any $1 < p, q \le \infty$ with the property that $\frac{1}{p} + \frac{1}{q} = \frac{1}{r}$ and $2/3 < r < \infty$.

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Figure: Range for the BHT operator. The plot contains tuples (1/p, 1/q, 1/r'), which in our case must lie on the plane x + y + z = 1.

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Definition

Let $1 < p, q < \infty$ and $0 < r < \infty$ be such that $\frac{1}{p} + \frac{1}{q} = \frac{1}{r}$. A bilinear operator T is of **restricted weak type** (p, q, r) if for all measurable sets $\mathcal{E}_1, \mathcal{E}_2, \mathcal{E}$ of finite measure there exists $\mathcal{E}' \subset \mathcal{E}$ with $|\mathcal{E}'| \simeq |\mathcal{E}|$ (called a major subset), such that

$$\left| \int_{\mathbb{D}} T(f_1, f_2)(x) f(x) \, dx \right| \lesssim |\mathcal{E}_1|^{1/p} |\mathcal{E}_2|^{1/q} |\mathcal{E}'|^{1/r'}$$

for every $|f_1| \leq \chi_{\mathcal{E}_1}, |f_2| \leq \chi_{\mathcal{E}_2}, \text{ and } |f| \leq \chi_{\mathcal{E}'}.$

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$$\int_{\mathbb{D}} |T(f_1, f_2)(x) f(x) dx \leq |\mathcal{E}_1|^{1/p} |\mathcal{E}_2|^{1/q} |\mathcal{E}'|^{1/r}$$

 $\text{for every } |f_1| \leqslant \chi_{\mathcal{E}_1}, |f_2| \leqslant \chi_{\mathcal{E}_2}, \text{ and } |f| \leqslant \chi_{\mathcal{E}'}.$

• If T is of restricted weak type (p, q, r), then

```
||T(f_1, f_2)||_{r,\infty} \leq ||f_1||_p ||f_2||_q
```

whenever f_1 and f_2 are as above.

The proof of the main theorem can be reduced to proving the following:

Theorem

Fix $\epsilon > 0$, (small). Let $1 , <math>2 - \epsilon < q < 2$, and such that for $\frac{1}{r} := \frac{1}{p} + \frac{1}{q}$ one has 2/3 < r < 1. Then the BHT is of restricted weak type (p, q, r).



Figure: The three step interpolation to reduce the main theorem to the theorem on the previous slide. The plot contains tuples (1/p, 1/q, 1/r'), which in our case must lie on the plane x + y + z = 1.

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Comparison with Bilinear Coifmann-Meyer Operators

• A bilinear Coifmann-Meyer operator is an operator of type:

$$\begin{split} T(f,g)(x) &\mapsto \int_{\mathbb{R}^2} m(\xi_1,\xi_2) \hat{f}(\xi_1) \hat{g}(\xi_2) e^{2\pi i x (\xi_1 + \xi_2)} d\xi_1 d\xi_2, \\ \text{where } |\partial^{\alpha} m(\xi)| \lesssim \frac{1}{|\xi|^{|\alpha|}}. \end{split}$$

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where $|\partial^{\alpha} m(\xi)| \leq \frac{1}{|\xi|^{|\alpha|}}$. The following bounds hold: $||T(f,g)||_{L^{r}} \leq ||f||_{L^{p}}||g||_{L^{q}}$ for $1 < p, q \leq \infty, \frac{1}{p} + \frac{1}{q} = \frac{1}{r}, 0 < r < \infty$.

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• The bilinear Hilbert transform is a bilinear multiplier operator with a more singular multiplier:

$$BHT(f,g) \to -i\pi \int_{\mathbb{R}^2} \operatorname{sgn}(\xi_1 - \xi_2) \hat{f}(\xi_1) \hat{g}(\xi_2) e^{2\pi i \times (\xi_1 + \xi_2)} d\xi_1 d\xi_2.$$

Comparing Multiplier Singularities

Bilinear Coifmann-Meyer Operator



Figure: Singularity point, $(\xi_1, \xi_2) = (0, 0)$, of multiplier

Comparing Multiplier Singularities





Figure: Whitney rectangles with respect to (0,0)



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Figure: Whitney squares with respect to $\xi_1 = \xi_2$. Giving model: $m(\xi_1, \xi_2) = \sum_Q \hat{\phi}_{Q_1}(\xi_1) \hat{\phi}_{Q_2}(\xi_2) \hat{\phi}_{Q_3}(\xi_1 + \xi_2)$

BHT Model Operator

We obtain a model operator associated to the BHT given by:

$$BHT_{\mathbb{P}}(f_1, f_2) = \sum_{\boldsymbol{P} \in \mathbb{P}} \frac{1}{|I_{\boldsymbol{P}}|^{1/2}} \langle f_1, \Phi_{P_1}^1 \rangle \langle f_2, \Phi_{P_2}^2 \rangle \Phi_{P_3}^3.$$

Each $P = (P_1, P_2, P_3) \in \mathbb{P}$ is a 3-tuple of tiles in the phase plane.

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Each $P = (P_1, P_2, P_3) \in \mathbb{P}$ is a 3-tuple of tiles in the phase plane.



- For every dyadic interval *I*, there can be a whole column of tri-tiles *P* s.t. *I*_{*P*} = *I*.
- The position of P_1 or P_2 or P_3 determines position of the rest.
 - Given location of P_1/P_2 , then P_2/P_1 lies a number of steps away comparable to C_0 .
 - The frequency coordinate of *P*₃ is essentially a sum of the other two.
- If the frequency intervals of P₁ intersect i.e. all contain ξ₀, then the frequency intervals of the corresponding P₂ tiles are disjoint and **lacunary** away from ξ₀.

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Definition

Let \mathbb{P} be any collection of tri-tiles. A subcollection $T \subset \mathbb{P}$ is called a **j-tree** provided there exists a tri-tile P_T (called the **top of the tree**) such that

$$I_P \subseteq I_{P_T}$$
 and $\omega_{P_T,j} \subseteq 3\omega_{P,j}$, for every $P \in T$.



Figure: P_1 tiles in a 1-tree.

Definition

Let \mathbb{P} be a finite collection of tri-tiles and let $f : \mathbb{R} \to \mathbb{C}$. The **j-size**, for $j \in \{1, 2, 3\}$, of the sequence $\langle f, \Phi^j_{P_i} \rangle_{P \in \mathbb{P}}$ is

$$\mathsf{size}_{\mathbb{P}}\left(\langle f, \Phi^{j}_{P_{j}} \rangle_{P}\right) \coloneqq \sup_{T \subseteq \mathbb{P}} \left(\frac{1}{|I_{T}|} \sum_{P \in T} |\langle f, \Phi^{j}_{P_{j}} \rangle|^{2}\right)^{1/2}$$

where T ranges over all trees in \mathbb{P} that are i – trees for $i \neq j$.

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where T ranges over all trees in \mathbb{P} that are i – trees for $i \neq j$.

• Sizes aid in estimating $BHT_{\mathbb{P}}$ when \mathbb{P} consists of a single tree:

$$\left| \int_{\mathbb{R}} \mathsf{BHT}_{T}(f_{1}, f_{2})(x) f_{3}(x) dx \right| \leq \sum_{P \in T} \frac{1}{|I_{P}|^{1/2}} |\langle f_{1}, \Phi_{P_{1}}^{1} \rangle || \langle f_{2}, \Phi_{P_{2}}^{2} \rangle || \langle f_{3}, \Phi_{P_{3}}^{3} \rangle| \leq |I_{T}| \prod_{j=1}^{3} \mathsf{size}\left(\langle f_{j}, \Phi_{P_{j}}^{j} \rangle_{P \in T} \right)$$

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Chain of Strongly i-Disjoint Trees

Let $1 \le i \le 3$. A finite sequence of trees $T_1, ..., T_M$ is a **chain of strongly i-disjoint trees** provided that: they are pairwise disjoint and

• If
$$P \in T_{\ell_1}, P' \in T_{\ell_2}(\ell_1 \neq \ell_2)$$
 with $2\omega_{P_i} \cap 2\omega_{P'_i} \neq \emptyset$ then $|\omega_{P_i}| \leq |\omega_{P'_i}| \Longrightarrow I_{P'} \cap I_{T_{\ell_1}} = \emptyset$ and $|\omega_{P'_i}| < |\omega_{P_i}| \Longrightarrow I_P \cap I_{T_{\ell_2}} = \emptyset.$



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L^2 Energy

Definition

The **j**-energy of the sequence $\langle f, \Phi_{P_i}^j \rangle_{P \in \mathbb{P}}$ is

$$\mathsf{energy}\left(\langle f, \Phi^j_{P_j}\rangle_P\right) \coloneqq \sup_{n\in\mathbb{Z}}\sup_{\mathbb{T}} 2^n \left(\sum_{\mathcal{T}\in\mathbb{T}}|I_\mathcal{T}|\right)^{1/2},$$

 \mathbb{T} ranges over chains of strongly j- disjoint trees (which are i-trees for some $i \neq j$) having the property that

size
$$\left(\langle f, \Phi^j_{P_j} \rangle_P\right) \simeq 2^n$$
.

• The energy aids in summing the estimates obtained on each individual tree.

The following theorem provides a way of estimating a generic trilinear form associated with $BHT_{\mathbb{P}}(f_1, f_2)$. First we write:

$$\Lambda_{\mathbb{P}}(f_1, f_2, f_3) := \int_{\mathbb{R}} BHT_{\mathbb{P}}(f_1, f_2)(x)f_3(x)dx.$$

Theorem (size-energy estimate)

Let \mathbb{P} be a finite collection of tri-tiles. Then

$$|\Lambda_{\mathbb{P}}(f_1, f_2, f_3)| \lesssim \prod_{j=1}^{3} (\operatorname{size}(\langle f, \Phi_{P_j}^j \rangle_{\mathbb{P}}))^{\theta_j} (\operatorname{energy}(\langle f, \Phi_{P_j}^j \rangle_{\mathbb{P}}))^{1-\theta_j}$$

for any $0 \leq \theta_1, \theta_2, \theta_3 < 1$ with $\theta_1 + \theta_2 + \theta_3 = 1$.

Stopping-time Decompositions

The following is a key ingredient in the proof of the size-energy duality theorem.

Proposition (stopping-time decomposition)

Let $j \in \{1, 2, 3\}$. For any $\mathbb{P}' \subset \mathbb{P}$ and any $n \in \mathbb{Z}$ such that

$$\mathsf{size}(\langle f, \Phi^j_{\mathcal{P}_j}\rangle_{\mathcal{P}\in\mathbb{P}'})\leqslant 2^{-n}\mathsf{energy}\left(\langle f, \Phi^j_{\mathcal{P}_j}\rangle_{\mathcal{P}\in\mathbb{P}}\right),$$

One can decompose $\mathbb{P}'=\mathbb{P}^-\cup\mathbb{P}^+$ in such a way that

$$\mathsf{size}(\langle f_j, \Phi^j_{\mathcal{P}_j} \rangle_{\mathcal{P} \in \mathbb{P}^-}) \leqslant 2^{-n-1} \mathsf{energy}\left(\langle f, \Phi^j_{\mathcal{P}_j} \rangle_{\mathcal{P} \in \mathbb{P}}\right)$$

and \mathbb{P}^+ can be written as a disjoint union of trees $T \in \mathbb{T}$ such that

$$\sum_{T\in\mathbb{T}}|I_T|\lesssim 2^{2n}.$$

Proof of Stopping-Time Decomposition

Proof.

(WLOG take j=2) Consider all i-trees T ($i \neq 2$) that are upward 2- trees rooted at P_T and satisfy:

$$\left(\frac{1}{|I_{\mathcal{T}}|}\sum_{P\in\mathcal{T}}|\langle f,\Phi_{P_{j}}^{j}\rangle|^{2}\right)^{1/2}>2^{-n-1}\mathrm{energy}\left(\langle f,\Phi_{P_{j}}^{j}\rangle_{P\in\mathbb{P}}\right).$$

If there are no such trees, terminate algorithm.

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$$\widetilde{T} := \{ P \in \mathbb{P}' \setminus T | I_P \subseteq I_{P_T}, \omega_{P_T, 2} \subseteq 3\omega_{P, 2} \}.$$

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Continue until algorithm terminates. Trees $T_1, T_2, ..., T_M$ form a chain of strongly 2– disjoint trees.

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$$\left(\frac{1}{|I_{\mathcal{T}}|}\sum_{P\in\mathcal{T}}|\langle f,\Phi_{P_{j}}^{j}\rangle|^{2}\right)^{1/2}>2^{-n-1}\mathsf{energy}\left(\langle f,\Phi_{P_{j}}^{j}\rangle_{P\in\mathbb{P}}\right).$$

If there are no such trees, terminate algorithm. Otherwise, choose a maximal T whose center $\xi_{T,i}$ of $\omega_{P_{T,i}}$ is largest. Remove T and \tilde{T} from \mathbb{P}' and place into \mathbb{P}^+ where:

$$\widetilde{T} := \{ P \in \mathbb{P}' \setminus T | I_P \subseteq I_{P_T}, \omega_{P_T, 2} \subseteq 3\omega_{P, 2} \}.$$

Continue until algorithm terminates. Trees $T_1, T_2, ..., T_M$ form a chain of strongly 2– disjoint trees. Repeat for downward 2– trees.

- Assume T_s, T_{s'} do not satisfy the strongly 2-disjointness property.
- So, there are $P \in T_s, P' \in T_{s'}$ with $|\omega_{P_2}| < |\omega_{P'_2}|$ and $I_{P'} \subset I_{T_s}$.
- But $|\omega_{P_2}| < |\omega_{P'_2}|$ implies $\xi_{P_{T_{s'},i}} < \xi_{P_{T_{s},i}}.$
- So, T_s is selected before $T_{s'}$.
- Hence, the tri-tile P' was removed in \widetilde{T}_s , contradicting that $P' \in T_{s'}$.



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Iterated Stopping-Time Decomposition



Corollary

Let $\mathbb P$ be a collection of tri-tiles. One can split $\mathbb P$ as

$$\mathbb{P} = \bigcup_{k \in \mathbb{Z}} \mathbb{P}_k, \text{ where for } k \in \mathbb{Z} \text{ we have}$$
$$\operatorname{size} \left(\langle f, \Phi^j_{P_j} \rangle_{P \in \mathbb{P}_k} \right) \leqslant \min(2^{-k} E_j, S_j), \text{ for every } j = 1, 2, 3.$$

Also, one can cover \mathbb{P}_k by a collection of trees $T \in \mathbb{T}_k$ for which

$$\sum_{T\in\mathbb{T}_k}|I_T|\lesssim 2^{2k}.$$

Iterated Stopping-Time to Deduce Size-Energy Estimate



- $\mathbb{P} = \bigsqcup_{k \in \mathbb{Z}} \mathbb{P}_k^+$
- \mathbb{P}_k covered by trees $T \in \mathbb{T}_k$ for which $\sum_{T \in \mathbb{T}_k} |I_T| \lesssim 2^{2k}$
- $\tilde{\mathbb{P}}_{k+1}^{-} \quad \bullet \ S_{\mathbb{P}_{k}^{+}}^{j} \lesssim 2^{-k} E_{\mathbb{P}}^{j}$

$$\begin{split} \left| \Lambda_{\mathbb{P}} \left(\frac{f_1}{E_1}, \frac{f_2}{E_2}, \frac{f_3}{E_3} \right) \right| &= \sum_{k \in \mathbb{Z}} \left(\prod_{j=1}^3 \operatorname{size} \left(\left\langle \frac{f_j}{E_j}, \Phi_{P_j}^j \right\rangle_{P \in \mathbb{P}_k} \right) \right) \sum_{T \in \mathbb{T}_k} |I_T| \\ &\lesssim \sum_{k \in \mathbb{Z}} \left(\prod_{j=1}^3 \operatorname{size} \left(\left\langle \frac{f_j}{E_j}, \Phi_{P_j}^j \right\rangle_{P \in \mathbb{P}_k} \right) \right) 2^{2k} \\ &\lesssim \left(\frac{S_1}{E_1} \right)^{\theta_1} \left(\frac{S_2}{E_2} \right)^{\theta_2} \left(\frac{S_3}{E_3} \right)^{\theta_3}. \end{split}$$

Bound on the Size

Lemma (Maximal Operator Bound)

Let $j \in \{1, 2, 3\}$, then for every $f \in \mathcal{S}(\mathbb{R})$ one has

size
$$\left(\langle f, \Phi_{P_j}^j \rangle_{\mathbb{P}}\right) \lesssim \sup_{P \in \mathbb{P}} \frac{1}{|I_P|} \int_{\mathbb{R}} |f(x)| \cdot \widetilde{\chi}_{I_P}(x) dx.$$

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• John-Nirenberg Inequality:

$$\operatorname{size}_{\mathbb{P}}^{j} \coloneqq \sup_{T \subset \mathbb{P}} \frac{1}{|I_{T}|^{1/2}} \left\| \left(\sum_{P \in T} \frac{|\langle f, \phi_{P_{j}}^{j} \rangle|^{2}}{|I_{P}|} \chi_{I_{P}} \right)^{1/2} \right\|_{2} \simeq$$
$$\sup_{T \subset \mathbb{P}} \frac{1}{|I_{T}|} \left\| \left(\sum_{P \in T} \frac{|\langle f, \phi_{P_{j}}^{j} \rangle|^{2}}{|I_{P}|} \chi_{I_{P}} \right)^{1/2} \right\|_{1,\infty}$$

Bound on the Energy

Lemma (Bessel Inequality)

Let $j \in \{1, 2, 3\}$ and $f \in L^2(\mathbb{R})$. Then

$$\mathsf{Energy}\left(\langle f, \Phi^{j}_{P_{j}}
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ight) \lesssim ||f||_{2}.$$

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 One invokes strong j-disjointness of trees T ∈ T and almost orthogonality of the corresponding wave packets {Φ^j_P}_{P∈T}:

$$\begin{split} &E\left(\langle f, \Phi_{P_j}^j \rangle_P\right)^2 = 2^n \left(\sum_{T \in \mathbb{T}} |I_T|\right) \lesssim 2^n 2^{-n} \left(\sum_{T \in \mathbb{T}} \left(\sum_{P \in T} |\langle f, \Phi_{P_j}^j \rangle|^2\right)\right) \\ &= \left|\left\langle \sum_{T} \sum_{P \in T} \langle f, \Phi_{P_j} \rangle \Phi_{P_j}, f \right\rangle \right| \lesssim ||f||_2 \left\| \sum_{T} \sum_{P \in T} \langle f, \Phi_{P_j} \rangle \Phi_{P_j} \right\|_2. \end{split}$$

Fix measurable sets *E*₁, *E*₂, *E* of finite measure. Our goal is to construct a subset *E*' ⊂ *E* with |*E*'| ≃ |*E*| and such that

$$\left|\sum_{P\in\mathbb{P}}\frac{1}{|I_P|^{1/2}}\langle f_1, \Phi_{P_1}^1\rangle\langle f_2, \Phi_{P_2}^2\rangle\langle f_3, \Phi_{P_3}^3\rangle\right| \lesssim |\mathcal{E}_1|^{1/p}|\mathcal{E}_2|^{1/q}|\mathcal{E}'|^{1/r'} \quad (1)$$

For every $|f_1| \leq \chi_{\mathcal{E}_1}, |f_2| \leq \chi_{\mathcal{E}_2}$, and $|f| \leq \chi_{\mathcal{E}'}$.

• Define first an exceptional set

$$\Omega := \{ x : Mf_1(x) > C | \mathcal{E}_1 | \} \bigcup \{ x : Mf_2(x) > C | \mathcal{E}_2 | \},\$$

where M is the usual Hardy-Littlewood maximal operator.

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- Set $\mathcal{E}' := \mathcal{E} \setminus \Omega$. It satisfies $|\mathcal{E}'| \simeq |\mathcal{E}|$ if C is sufficiently large enough.
- To be able to estimate we split our collection of tri-tiles $\mathbb P$ as follows:

$$\mathbb{P}=\bigcup_{d\geq 0}\mathbb{P}_d,$$

where \mathbb{P}_d contains all the tri-tiles in \mathbb{P} having the property that

$$2^d \leqslant 1 + rac{\operatorname{dist}(I_p, \Omega^c)}{|I_P|} < 2^{d+1}.$$

Proof of Main Theorem (Continued)

So, one has

$$\begin{aligned} |\Lambda_{\mathbb{P}}(f_1, f_2, f_3)| &\leq \sum_{d=0}^{\infty} |\Lambda_{\mathbb{P}_d}(f_1, f_2, f_3)| \\ &\lesssim \sum_{d=0}^{\infty} \left(\prod_{j=1}^{3} \left(\text{size} \left(\langle f, \Phi_{P_j}^j \rangle_{P \in \mathbb{P}_d} \right) \right)^{\theta_j} \left(\text{energy} \left(\langle f, \Phi_{P_j}^j \rangle_{P \in \mathbb{P}_d} \right) \right)^{1-\theta_j} \right) \end{aligned}$$

for any $0 \leqslant \theta_1, \theta_2, \theta_3 < 1$ with $\theta_1 + \theta_2 + \theta_3 = 1$.

Proof of Main Theorem (Continued)

So, one has

$$\begin{split} \Lambda_{\mathbb{P}}(f_1, f_2, f_3) &| \leqslant \sum_{d=0}^{\infty} |\Lambda_{\mathbb{P}_d}(f_1, f_2, f_3)| \\ &\lesssim \sum_{d=0}^{\infty} \left(\prod_{j=1}^{3} \left(\text{size} \left(\langle f, \Phi_{P_j}^j \rangle_{P \in \mathbb{P}_d} \right) \right)^{\theta_j} \left(\text{energy} \left(\langle f, \Phi_{P_j}^j \rangle_{P \in \mathbb{P}_d} \right) \right)^{1-\theta_j} \right) \end{split}$$

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• Size Lemma (Maximal Function Bound):

$$\operatorname{size}\left(\langle f_i, \Phi^j_{P_j} \rangle_{P \in \mathbb{P}_d}\right) \lesssim \sup_{P \in \mathbb{P}_d} \frac{1}{|I_P|} \int f_i \widetilde{\chi}^M_{I_P} dx \implies \begin{cases} \mathsf{S}_i \lesssim 2^d |\mathcal{E}_i| & i=1,2\\ \mathsf{S}_3 \lesssim 2^{-Md} |\mathcal{E}'| \end{cases}$$

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• Energy Lemma (Bessel Inequality):

$$\mathsf{energy}\left(\langle f_i, \Phi^j_{P_j} \rangle_{P \in \mathbb{P}_d}\right) \lesssim ||f_i||_2 \implies \mathsf{energy}\left(\langle f_i, \Phi^j_{P_j} \rangle_{P \in \mathbb{P}_d}\right) \lesssim |\mathcal{E}_i|^{1/2}$$

$$\lesssim \sum_{d=0}^{\infty} \left(\prod_{j=1}^{3} \left(\mathsf{size}\left(\langle f, \Phi_{P_{j}}^{j} \rangle_{P \in \mathbb{P}_{d}} \right) \right)^{\theta_{j}} \left(\mathsf{energy}\left(\langle f, \Phi_{P_{j}}^{j} \rangle_{P \in \mathbb{P}_{d}} \right) \right)^{1-\theta_{j}} \right)$$

$$\lesssim \sum_{d=0}^{\infty} \left(2^{d} |\mathcal{E}_{1}| \right)^{\theta_{1}} |\mathcal{E}_{1}|^{(1-\theta_{1})/2} \left(2^{d} |\mathcal{E}_{2}| \right)^{\theta_{2}} |\mathcal{E}_{2}|^{(1-\theta_{2})/2} 2^{-Md\theta_{3}}$$

$$= \sum_{d=0}^{\infty} 2^{d(\theta_{1}+\theta_{2}-M\theta_{3})} |\mathcal{E}_{1}|^{(1+\theta_{1})/2} |\mathcal{E}_{2}|^{(1+\theta_{2})/2} \lesssim |\mathcal{E}_{1}|^{(1+\theta_{1})/2} |\mathcal{E}_{2}|^{(1+\theta_{2})/2}$$

• Setting $1/p\coloneqq (1+ heta_1)/2$ and $1/q=(1+ heta_2)/2$ completes the proof.
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Thank you for your attention!